



Healthy lifestyle,

Ganni's

PROTEIN

PRODUCT CATALOGUE AUTUMN 2024



Healthy lifestyle

gamm's

PROTEIN



OUR MISSION IS TO WIDELY PROVIDE
TASTY, PROTEIN-ENHANCED SNACKS AND
FOOD SUPPLEMENTS THAT SUPPORT STAMINA
AND PROMOTE AN ACTIVE, HEALTH-CONSCIOUS LIFESTYLE,
USING HIGH-QUALITY INGREDIENTS.

OUR AMBITION IS TO BECOME ONE OF THE LEADING
BRANDS IN PROTEIN-ENHANCED SNACKING.

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GAM'S BRAND HISTORY

After facing personal health challenges related to a close family member's eating disorder, the founders decided to **dedicate their lives to promoting an active lifestyle and balanced nutrition**. A reputable nutrition specialist **recommended incorporating protein bars into the diet** as part of the treatment, inspiring the founders **to explore the potential** of these products in **supporting overall stamina** and offering **a guilt-free alternative to traditional sweet treats**.

Fueled by enthusiasm, they began **collaborating with a local food producer**, refining their ideas into **tangible product concepts**. Within a year, they had jointly developed **the first exceptionally tasty and healthy protein bar recipes**, ready for production. While many protein bars on the market were **loaded** with sugar, soy, and whey, their ambition was **to create the cleanest possible alternatives**.

These products were designed **not only for active individuals** but also **for those looking to manage their weight** and incorporate **more activity into their daily lives**. The founders believed that **protein-enhanced foods** are **not just for athletes**, but can also be **beneficial in everyday, challenging life situations** to help **Gain And Maintain Stamina**.

In 2018, they **founded a small business** and introduced the new consumer brand, **GAM's**, promoting and selling protein bars to **new consumers, fitness centers, and sports clubs**.

By 2021, this initiative had evolved into **Gam's, a successful company** with **a well-known e-commerce platform** serving the Czech Republic and Slovakia.

In 2024, **ANJ-distribution**, a young and dynamic distribution company recognized for its **professional processes and experience in the food industry**, took over (CEO - Robert Palka, CTO - Jozef Štefaňák). Company brings **direct production capabilities** for protein-based products, **enhancing expertise in product development, production, sales, and marketing**.

This transition is set to elevate the **Gam's brand to new strategic heights, expanding its consumer base, market reach, and geographical presence**.



WHO IS OUR

CORE TARGET

ACTIVE, HEALTH-CONSCIOUS INDIVIDUALS

Lifestyle:

Regularly engages in physical activities such as running, cycling, yoga, gym workouts, and hiking

Prioritizes mental and physical well-being

Interested in holistic health, including diet, exercise, and mental health

Purchasing behavior:

Prefers convenient, healthy snack options that complement their active lifestyle

Looks for products with specific health benefits, such as protein, collagen, and fiber

Willing to invest in premium fitness and health products

TARGET GROUP?

WIDER TARGET

ASPIRING ACTIVE, HEALTH-CONSCIOUS INDIVIDUALS

Lifestyle:

Currently more sedentary or inactive but motivated to change

Interested in learning about and adopting healthier habits

May feel stressed or dissatisfied with current health and well-being

Purchasing behavior:

Interested in convenient, tasty, and healthy snack options that support their lifestyle changes

Prefers products that provide clear health benefits, such as protein, collagen, and fiber-enhanced snacks

Open to trying new products and services aimed at improving health

Values affordability and accessibility in health and fitness products



GAM'S ABBREVIATION:

**GAIN
AND
MAINTAIN
STAMINA**

CORE TARGET

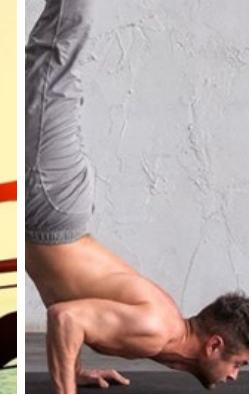
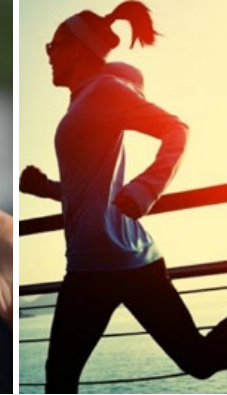
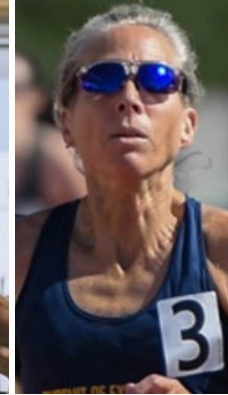
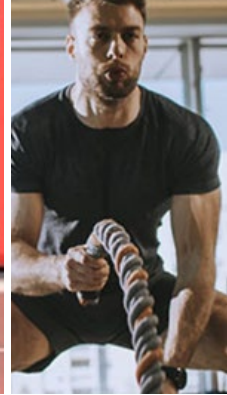
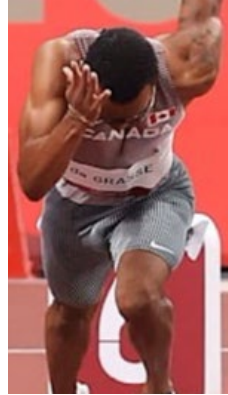
ENERGY

STRENGTH

**STAYING
POWER**

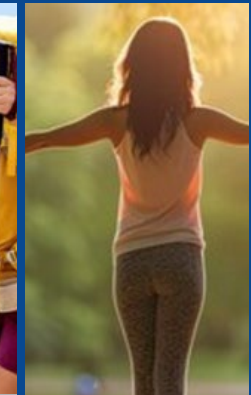
ENDURANCE

VITALITY



WIDER TARGET

Healthy lifestyle
Gam's
PROTEIN



ENERGY

STRENGTH

**STAYING
POWER**

ENDURANCE

VITALITY



WHAT DO WE OFFER?

Gam's portfolio provides a **range of exceptionally tasty protein-enhanced snacks** with **collagen and fiber**, alongside **food supplements** designed to **support your stamina**.

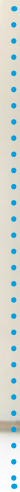
Our products help you **easily achieve your active and health-conscious goals** by **delivering the nutrients you need** for **optimal performance** and **well-being**, made from **high-quality ingredients**.

Our snacks and supplements are **suitable for everyone**, ensuring you can **enjoy the benefits of a healthy lifestyle without compromise**.

We also offer a product range for **vegan** consumers.

KEY ORIGIN OF PROTEIN BY CATEGORY

Milk



CORE PROTEIN BAR
MULTILAYER PROTEIN BAR
PROTEIN BONS
PROTEIN FRUIT

Soy



VEGAN PROTEIN BAR
NUTS PROTEIN BAR
CEREAL PROTEIN BAR

Rice



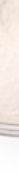
VEGAN PROTEIN BAR

Lentil



PROTEIN CHIPS

Collagen



CORE PROTEIN BAR
MULTILAYER PROTEIN BAR
PROTEIN BONS
CEREAL PROTEIN BAR

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PROTEIN



CORE BARS

8 FLAVOURS



GAM'S PROTEIN CORE BARS

HIGHEST PROTEIN CONTENT

Our protein bars are a **true celebration of taste**, offering a **variety of irresistible flavour combinations** that cater to every craving. Crafted with an **original recipe** and **genuine ingredients**, these bars are not only **extra soft** and **nutritious** but also deliver a **rich, satisfying taste experience**. Each bar is gluten-free, contains no added sugar, and is palm-oil-free, ensuring that you can **indulge guilt-free**. With protein levels reaching up to 35%, our bars are designed to fuel **your body** while **delighting your taste buds**—all presented with an **iconic modern design**.

Our CORE Protein bars line includes:

Milk Protein Concentrate (MPC): A high-quality dairy product **rich in concentrated protein**. MPC provides **all essential amino acids**, making it ideal for **muscle growth** and **recovery**. Regular consumption can **help maintain** and **build lean muscle mass**, especially when **paired with exercise**. MPC is widely used in protein bars, shakes, and other nutritional products **to enhance protein content**, making it a **favorite among fitness enthusiasts**.

Hydrolyzed Collagen: This genuine protein source not only **boosts the protein content** but also contributes to the **fine, soft structure and consistency** of our bars. Collagen is known for improving skin elasticity, reducing wrinkles, supporting joint health, strengthening hair and nails, and maintaining healthy bones.

Protein content up to 29-35%, based on the flavour
gluten FREE | with COLLAGEN | NO added sugars | palm-oil FREE

GAM'S PROTEIN CORE BAR

VANILLA

Protein bar with vanilla flavour and paste with vanillin flavour in white coating with protein

Ingredients:

Mixture of proteins 33% (**milk** protein concentrate, hydrolyzed collagen peptides, whole **milk** powder), white coating with maltitol and protein 22% [sweetener (maltitols), completely hydrogenated rapeseed and coconut oil, sweet **whey**, skimmed **milk** powder, **milk** protein concentrate, emulsifier (lecithins), flavouring], paste with vanillin flavour with maltitol 14% [sweetener (maltitols), rapeseed oil, cocoa butter, sweet **whey** powder, skimmed **milk** powder, emulsifier (lecithins), flavouring], humectant (glycerol), sweetener (maltitols), **soya** protein extrudates 5% (**soya** protein, tapioca starch, salt), rapeseed oil, water, flavourings, thickener (acacia gum), emulsifier (mono- and diglycerides of fatty acids), antioxidant (tocopherol-rich extract), salt. May contain **peanuts** and **nuts**.

NO added sugars | with COLLAGEN
gluten FREE | palm oil FREE

NUTRITIONAL VALUES PER 100 g

Energy:.....1 705 kJ/408 kcal	of which polyols:.....19 g
Fat:.....17 g	Fibre:1,1 g
of which saturates:.....9,1 g	Protein:.....34 g
Carbohydrate:.....37 g	Salt:.....0,57 g
of which sugars:.....5,2 g	

Product name

Gam's Vanilla

Weight	EAN/pcs	EAN/box
50 g	8585067200942	8585067201130
Pcs. in box	Pcs. in layer	Pcs. on pallet
24	480	7 200



GAM'S PROTEIN CORE BAR CHOCOLATE

Protein bar with cocoa and paste with vanillin flavour in milk coating with protein

Ingredients:

Mixture of proteins 34% (**milk** protein concentrate, hydrolyzed collagen peptides, whole **milk** powder), milk coating with maltitol and protein 22% [sweetener (maltitols), completely hydrogenated rapeseed and coconut oil, **milk** protein concentrate, skimmed **milk** powder, cocoa powder, emulsifier (lecithins), flavouring], paste with vanillin flavour with maltitol 12% [sweetener (maltitols), rapeseed oil, cocoa butter, sweet **wey** powder, skimmed **milk** powder, emulsifier (lecithins), flavouring], humectant (glycerol), sweetener (maltitols), **soya** protein extrudates 5% (**soya** protein, tapioca starch, salt), rapeseed oil, water, fat reduced cocoa powder 2,6% [fat reduced cocoa powder, acidity regulator (potassium carbonates)], flavourings, thickener (acacia gum), emulsifier (mono- and diglycerides of fatty acids), antioxidant (tocopherol-rich extract), salt. May contain **peanuts** and **nuts**.



**NO added sugars | with COLLAGEN
gluten FREE | palm oil FREE**

NUTRITIONAL VALUES PER 100 g

Energy:.....1 698 kJ/406 kcal	of which polyols:.....20 g
Fat:18 g	Fibre:2,1 g
of which saturates:9,7 g	Protein:.....35 g
Carbohydrate:.....34 g	Salt:0,49 g
of which sugars:.....3,1 g	

Product name		
Gam's Chocolate		
Weight	EAN/pcs	EAN/box
50 g	8585067200911	8585067201109
Pcs. in box	Pcs. in layer	Pcs. on pallet
24	480	7 200

GAM'S PROTEIN CORE BAR

BANANA

Protein bar with lyophilized bananas, paste with vanillin and chocolate flavour in dark coating with protein

Ingredients:

Mixture of proteins 34% (**milk** protein concentrate, hydrolyzed collagen peptides, whole **milk** powder), dark coating with maltitol and protein 22% [sweetener (maltitols), completely hydrogenated rapeseed and coconut oil, cocoa powder, **milk** protein concentrate, emulsifier (lecithins), flavouring], paste with vanillin flavour with maltitol 12% [sweetener (maltitols), rapeseed oil, cocoa butter, sweet **whey** powder, skimmed **milk** powder, emulsifier (lecithins), flavouring], humectant (glycerol), sweetener (maltitols), **soya** protein extrudates 5% (**soya** protein, tapioca starch, salt), rapeseed oil, powder from lyophilized bananas 3,2%, water, flavourings, thickener (acacia gum), emulsifier (mono- and diglycerides of fatty acids), antioxidant (tocopherol-rich extract), colours (curcumin, plain caramel), salt. May contain **peanuts** and **nuts**.

NO added sugars | with COLLAGEN
gluten FREE | palm oil FREE

NUTRITIONAL VALUES PER 100 g

Energy:.....1 704 kJ/407 kcal	of which polyols:.....18 g
Fat: 17 g	Fibre:1,5 g
of which saturates:.....9,6 g	Protein:.....34 g
Carbohydrate:..... 35 g	Salt:.....0,49 g
of which sugars:.....5,0 g	

Product name

Gam's Banana

Weight

EAN/pcs

EAN/box

50 g

8585067201154

8585067201178

Pcs. in box

Pcs. in layer

Pcs. on pallet

24

480

7 200



GAM'S PROTEIN CORE BAR COCONUT CHEESECAKE

Protein bar with coconut cheesecake flavour and paste with salted caramel flavour (14,3%) in milk coating with protein

Ingredients:

Mixture of proteins 31% (**milk** protein concentrate, hydrolyzed collagen peptides, whole **milk** powder), milk coating with maltitol and protein 22% [sweetener (maltitols), completely hydrogenated rapeseed and coconut oil, **milk** protein concentrate, skimmed **milk** powder, cocoa powder, emulsifier (lecithins), flavouring], paste with caramel flavour 14% [fructooligosaccharides, whole **milk** powder, water, cocoa butter, sunflower oil, humectant (glycerol), flavouring, emulsifier (lecithins), salt], humectant (glycerol), sweetener (maltitols), crushed **almonds** 6%, rapeseed oil, grated coconut 2,9%, water, acidity regulator (lactic acid), salt 0,3%, flavourings, thickener (acacia gum), emulsifier (mono- and diglycerides of fatty acids), antioxidant (tocopherol-rich extract). May contain **peanuts, soya** and other **nuts**.



**NO added sugars | with COLLAGEN
gluten FREE | palm oil FREE**

NUTRITIONAL VALUES PER 100 g

Energy:.....1 681 kJ/402 kcal	of which polyols:.....16 g
Fat:20 g	Fibre:8,0 g
of which saturates:..... 11 g	Protein:.....29 g
Carbohydrate:.....28 g	Salt: 0,58 g
of which sugars:..... 3,8 g	

Product name		
Gam's Coconut Cheesecake		
Weight	EAN/pcs	EAN/box
50 g	8585067200881	8585067201079
Pcs. in box	Pcs. in layer	Pcs. on pallet
24	480	7 200

GAM'S PROTEIN CORE BAR

SALTED CARAMEL

Protein bar with salted caramel flavour and paste with salted caramel flavour (14,5%) in milk coating with protein

Ingredients:

Mixture of proteins 33% (**milk** protein concentrate, hydrolyzed collagen peptides, whole **milk** powder), milk coating with maltitol and protein 22% [sweetener (maltitols), completely hydrogenated rapeseed and coconut oil, **milk** protein concentrate, skimmed **milk** powder, cocoa powder, emulsifier (lecithins), flavouring], paste with caramel flavour 14% [fructooligosaccharides, whole **milk** powder, water, cocoa butter, sunflower oil, humectant (glycerol), flavouring, emulsifier (lecithins), salt], sweetener (maltitols), humectant (glycerol), **soya** protein extrudates 5% (**soya** protein, tapioca starch, salt), rapeseed oil, water, salt 0,5%, flavourings, thickener (acacia gum), emulsifier (mono- and diglycerides of fatty acids), antioxidant (tocopherol-rich extract). May contain **peanuts** and **nuts**.

NO added sugars | with COLLAGEN
gluten FREE | palm oil FREE

NUTRITIONAL VALUES PER 100 g

Energy:.....1547 kJ / 370 kcal	of which polyols:.....17 g
Fat:15 g	Fibre:7,0 g
of which saturates:.....9,2 g	Protein:.....34 g
Carbohydrate:.....28 g	Salt:.....0,89 g
of which sugars:.....3,6 g	

Product name

Gam's Salted Caramel

Weight	EAN/pcs	EAN/box
50 g	8585067200904	8585067201093
Pcs. in box	Pcs. in layer	Pcs. on pallet
24	480	7 200



GAM'S PROTEIN CORE BAR BLACKCURRANT

Protein bar with lyophilized blackcurrants and paste with vanillin flavour in white coating with protein

Ingredients:

Mixture of proteins 33% (**milk** protein concentrate, hydrolyzed collagen peptides, whole **milk** powder), white coating with maltitol and protein 22% [sweetener (maltitols), completely hydrogenated rapeseed and coconut oil, sweet **whey**, skimmed **milk** powder, **milk** protein concentrate, emulsifier (lecithins), flavouring], paste with vanillin flavour with maltitol 14% [sweetener (maltitols), rapeseed oil, cocoa butter, sweet **whey** powder, skimmed **milk** powder, emulsifier (lecithins), flavouring], humectant (glycerol), sweetener (maltitols), rapeseed oil, **soya** protein extrudates 5% (**soya** protein, tapioca starch, salt), water, pieces of lyophilized blackcurrants 2,3%, acidity regulator (lactic acid), flavourings, thickener (acacia gum), colouring concentrate from hibiscus and carrot [concentrate from hibiscus and carrot, water, antioxidant (citric acid)], emulsifier (mono- and diglycerides of fatty acids), antioxidant (tocopherol-rich extract), salt. May contain **peanuts** and **nuts**.



**NO added sugars | with COLLAGEN
gluten FREE | palm oil FREE**

NUTRITIONAL VALUES PER 100 g

Energy:.....	1 721 kJ/411 kcal	of which polyols:.....	18 g
Fat:	18 g	Fibre:	1,6 g
of which saturates:.....	9,2 g	Protein:.....	34 g
Carbohydrate:.....	34 g	Salt:	0,58 g
of which sugars:.....	6,1 g		

Product name		
Gam's Blackcurrant		
Weight	EAN/pcs	EAN/box
50 g	8585067200928	8585067201116
Pcs. in box	Pcs. in layer	Pcs. on pallet
24	480	7 200

GAM'S PROTEIN CORE BAR

RASPBERRY

Protein bar with lyophilized raspberries and paste with vanillin flavour in white coating with protein

Ingredients:

Mixture of proteins 31% (**milk** protein concentrate, hydrolyzed collagen peptides, whole **milk** powder), white coating with maltitol and protein 22% [sweetener (maltitols), completely hydrogenated rapeseed and coconut oil, sweet **wey**, skimmed **milk** powder, **milk** protein concentrate, emulsifier (lecithins), flavouring], paste with vanillin flavour with maltitol 14% [sweetener (maltitols), rapeseed oil, cocoa butter, sweet **wey** powder, skimmed **milk** powder, emulsifier (lecithins), flavouring], sweetener (maltitols), humectant (glycerol), **soya** protein extrudates 5% (**soya** protein, tapioca starch, salt), rapeseed oil, water, grated coconut, pieces of lyophilized raspberries 1,1%, acidity regulator (lactic acid), flavourings, thickener (acacia gum), vegetable colouring concentrate [juice from beetroot concentrate, colour (carotenes), acid (citric acid), preservative (potassium sorbate)], emulsifier (mono- and diglycerides of fatty acids), antioxidant (tocopherol-rich extract), salt. May contain **peanuts** and **nuts**.

NO added sugars | with COLLAGEN
gluten FREE | palm oil FREE

NUTRITIONAL VALUES PER 100 g

Energy:..... 1 726 kJ/413 kcal	of which polyols:..... 20 g
Fat: 18 g	Fibre: 1,7 g
of which saturates: 10 g	Protein:..... 32 g
Carbohydrate:..... 37 g	Salt:..... 0,56 g
of which sugars:..... 5,5 g	

Product name

Gam's Raspberry

Weight	EAN/pcs	EAN/box
50 g	8585067200935	8585067201123
Pcs. in box	Pcs. in layer	Pcs. on pallet
24	480	7 200



GAM'S PROTEIN CORE BAR COCONUT

Protein bar with coconut, paste with vanillin and chocolate flavour in dark coating with protein

Ingredients:

Mixture of proteins 32% (**milk** protein concentrate, hydrolyzed collagen peptides, whole **milk** powder), dark coating with maltitol and protein 22% [sweetener (maltitols), completely hydrogenated rapeseed and coconut oil, cocoa powder, **milk** protein concentrate, emulsifier (lecithins), flavouring], paste with vanillin flavour with maltitol 12% [sweetener (maltitols), rapeseed oil, cocoa butter, sweet **whey** powder, skimmed **milk** powder, emulsifier (lecithins), flavouring], sweetener (maltitols), humectant (glycerol), rapeseed oil, **soya** protein extrudates 5% (**soya** protein, tapioca starch, salt), grated coconut 3,1%, water, thickener (acacia gum), flavourings, emulsifier (mono- and diglycerides of fatty acids), antioxidant (tocopherol-rich extract), colour (plain caramel), salt. May contain **peanuts** and **nuts**.



**NO added sugars | with COLLAGEN
gluten FREE | palm oil FREE**

NUTRITIONAL VALUES PER 100 g

Energy:.....	1 756 kJ/420 kcal	of which polyols:.....	18 g
Fat:	20 g	Fibre:	1,8 g
of which saturates:.....	11 g	Protein:.....	33 g
Carbohydrate:.....	34 g	Salt:	0,48 g
of which sugars:.....	3,2 g		

Product name		
Gam's Coconut		
Weight	EAN/pcs	EAN/box
50 g	8585067200898	8585067201086
Pcs. in box	Pcs. in layer	Pcs. on pallet
24	480	7 200

CORE BARS

SPLASH EDITION

3 FLAVOURS



GAM'S PROTEIN CORE BARS - SPLASH EDITION

TRANSPORTS YOUR TASTE BUDS TO A BEACHSIDE COCKTAIL LOUNGE

Introducing the Protein Splash Bar, where every bite is a **splash of refreshment** and **nourishment**. Imagine a protein bar that not only **fuels your body** but transports your **taste buds to a beachside cocktail lounge**. Inspired by iconic mixed drinks like mojito, piña colada, and sex on the beach, these bars offer a refreshing splash **without the alcohol**. Crafted with a **no-sugar-added formula**, **collagen** for joint support, and **gluten-free ingredients**, each bite delivers an **exceptionally soft texture** and **guilt-free indulgence**.

Whether you're winding down after a workout or seeking a **nourishing treat** during a hectic day, these protein bars **provide more than just sustenance**. They offer a moment to unwind and savor, combining **irresistible flavours** with **functional benefits**. Perfectly **balancing nutrition with pleasure**, they replenish your energy and stamina, thanks to **protein content up to 35%**, supporting you through **active lifestyles** and **everyday adventures**. Each bar promises a sensory experience that goes beyond ordinary snacks, inviting you **to chill out** and **reinvigorate with every delicious splash**.

Protein content 31-35%, based on the flavour
gluten FREE | with COLLAGEN | NO added sugars | palm-oil FREE | alcohol FREE

GAM'S PROTEIN CORE BAR

MOJITO

Protein bar with mojito flavour, paste with vanillin and lemon flavour in dark coating with protein

Ingredients:

Mixture of proteins 34% (**milk** protein concentrate, hydrolyzed collagen peptides, whole **milk** powder), dark coating with maltitol and protein 22% [sweetener (maltitols), completely hydrogenated rapeseed and coconut oil, cocoa powder, **milk** protein concentrate, emulsifier (lecithins), flavouring], paste with vanillin flavour with maltitol 14% [sweetener (maltitols), rapeseed oil, cocoa butter, sweet **whey** powder, skimmed **milk** powder, emulsifier (lecithins), flavouring], humectant (glycerol), sweetener (maltitols), **soya** protein extrudates 5% (**soya** protein, tapioca starch, salt), rapeseed oil, water, acidity regulator (lactic acid), colour (copper complexes of chlorophylls and chlorophyllins), flavourings, thickener (acacia gum), emulsifier (mono- and diglycerides of fatty acids), antioxidant (tocopherol-rich extract), salt. May contain **peanuts** and **nuts**.

NO added sugars | with COLLAGEN
gluten FREE | palm oil FREE

NUTRITIONAL VALUES PER 100 g

Energy:.....1 736 kJ/415 kcal	of which polyols:.....19 g
Fat: 18 g	Fibre:1,4 g
of which saturates: 9,8 g	Protein:..... 34 g
Carbohydrate:..... 35 g	Salt: 0,50 g
of which sugars:..... 3,3 g	

Product name

Gam's Mojito

Weight	EAN/pcs	EAN/box
50 g	8585067201208	8585067201215
Pcs. in box	Pcs. in layer	Pcs. on pallet
24	480	7 200





GAM'S PROTEIN CORE BAR SEX ON THE BEACH

Protein bar with orange flavour, paste with vanillin and cranberry flavour in white coating with protein

Ingredients:

Mixture of proteins 34% (**milk** protein concentrate, hydrolyzed collagen peptides, whole **milk** powder), white coating with maltitol and protein 22% [sweetener (maltitols), completely hydrogenated rapeseed and coconut oil, sweet **whey**, skimmed **milk** powder, **milk** protein concentrate, emulsifier (lecithins), flavouring], paste with vanillin flavour with maltitol 14% [sweetener (maltitols), rapeseed oil, cocoa butter, sweet **whey** powder, skimmed **milk** powder, emulsifier (lecithins), flavouring], humectant (glycerol), sweetener (maltitols), **soya** protein extrudates 5% (**soya** protein, tapioca starch, salt), rapeseed oil, water, acidity regulator (lactic acid), flavourings, thickener (acacia gum), vegetable colouring concentrate [juice from beetroot concentrate, colour (carotenes), acid (citric acid), preservative (potassium sorbate)], colour (carotenes), emulsifier (mono- and diglycerides of fatty acids), antioxidant (tocopherol-rich extract), salt. May contain **peanuts** and **nuts**.

**NO added sugars | with COLLAGEN
gluten FREE | palm oil FREE**

NUTRITIONAL VALUES PER 100 g

Energy:.....	1 740 kJ/416 kcal	of which polyols:.....	15 g
Fat:	18 g	Fibre:	4,5 g
of which saturates:.....	9,2 g	Protein:.....	35 g
Carbohydrate:.....	33 g	Salt:	0,59 g
of which sugars:.....	5,2 g		

Product name

Gam's Sex On The Beach

Weight	EAN/pcs	EAN/box
50 g	8585067201284	8585067201321
Pcs. in box	Pcs. in layer	Pcs. on pallet
24	480	7 200

GAM'S PROTEIN CORE BAR

PIÑA COLADA

Protein bar with lyophilized pineapple, grated coconut, with paste with vanillin and coconut flavour in white coating with protein

Ingredients:

Mixture of proteins 30% (**milk** protein concentrate, hydrolyzed collagen peptides, whole **milk** powder), white coating with maltitol and protein 22% [sweetener (maltitols), completely hydrogenated rapeseed and coconut oil, sweet **whey**, skimmed **milk** powder, **milk** protein concentrate, emulsifier (lecithins), flavouring], paste with vanillin flavour with maltitol 14% [sweetener (maltitols), rapeseed oil, cocoa butter, sweet **whey** powder, skimmed **milk** powder, emulsifier (lecithins), flavouring], humectant (glycerol), sweetener (maltitols), **soya** protein extrudates 5% (**soya** protein, tapioca starch, salt), rapeseed oil, grated coconut 2,4%, water, powder of lyophilized pineapple 1,5%, acidity regulator (lactic acid), flavourings, thickener (acacia gum), colour (curcumin), emulsifier (mono- and diglycerides of fatty acids), antioxidant (tocopherol-rich extract), salt. May contain **peanuts** and **nuts**.

NO added sugars | with COLLAGEN
gluten FREE | palm oil FREE

NUTRITIONAL VALUES PER 100 g

Energy:..... 1 762 kJ/421 kcal	of which polyols:..... 15 g
Fat: 19 g	Fibre: 4,9 g
of which saturates: 11 g	Protein:..... 31 g
Carbohydrate:..... 34 g	Salt:..... 0,56 g
of which sugars:..... 6,4 g	

Product name

Gam's Piña Colada

Weight	EAN/pcs	EAN/box
50 g	8585067201147	8585067201161
Pcs. in box	Pcs. in layer	Pcs. on pallet
24	480	7 200



Healthy lifestyle
Gam's
PROTEIN



POWER BARS

3 FLAVOURS



GAM'S PROTEIN POWER BARS

We are thrilled to announce the launch of our **new protein bar line**, where we've achieved what once seemed impossible! Thanks to the incredible innovation of our R&D team, we've developed a **50% protein bar** that's not only packed with nutrients but keep tastes amazing! This breakthrough exceeds customer expectations and raises the bar in the market.

Our success lies in the **unique blend of high-quality proteins** (hydrolyzed collagen peptides, soy protein, milk protein isolate, and milk protein concentrate), combined with a rich, delicious protein coating. Available in three irresistible flavours — **strawberry, vanilla, and banana** — these bars offer extraordinary nutrition alongside their impressive 50% protein content.

But we didn't stop there! Our new protein bars also deliver essential ingredients like **L-carnitine, BCAA amino acids, vitamin C, and zinc**, all in a **gluten-free, collagen-rich** formula with **no added sugars**.

This is more than just a protein bar—it's a revolution in taste, nutrition, and performance!

Protein content 50%

L-CARNITINE | BCAA amino acids | VITAMIN C | ZINC | COLLAGEN | gluten FREE | NO added sugars

GAM'S PROTEIN POWER BAR

BANANA

Protein bar with banana flavour, L-carnitine, amino acid premix in milk coating with protein

Ingredients:

Mixture of proteins 50% (hydrolyzed collagen peptides, **soya** protein, **milk** protein isolate, **milk** protein concentrate), milk coating with maltitol and protein 12% [sweetener (maltitols), completely hydrogenated rapeseed and coconut oil, **milk** protein concentrate, skimmed **milk** powder, cocoa powder, emulsifier (lecithins), flavouring], humectant (glycerol), sweetener (maltitols), rapeseed oil, **soya** protein extrudates (**soya** protein, tapioca starch, salt), water, amino acid premix 1% (L-isoleucine, L-leucine, L-valine), flavourings, L-carnitine 0,5%, premix of vitamins and minerals (vitamin C, zinc), emulsifier (mono- and diglycerides of fatty acids), colour (curcumin), antioxidant (tocopherol-rich extract), salt, sweetener (sucralose). May contain **peanuts** and **nuts**.

L-CARNITINE | BCAA | vitamin C | ZINC
with **COLLAGEN | gluten FREE**

NUTRITIONAL VALUES PER 100 g

Energy:.....	1 556 kJ/372 kcal	Salt:.....	1,08 g
Fat:.....	11 g	Vitamin C:.....	200 mg
of which saturates:.....	4,9 g	Zinc:.....	6,0 mg
Carbohydrate:.....	24 g	L-carnitine:.....	200 mg
of which sugars:.....	0,6 g	L-isoleucine:.....	250 mg
of which polyols:.....	13 g	L-leucine:.....	500 mg
Fibre:.....	0,6 g	L-valine:.....	250 mg
Protein:.....	50 g		

Product name

Gam's Power Banana

Weight	EAN/pcs	EAN/box
40 g	8585067201628	8585067201659
Pcs. in box	Pcs. in layer	Pcs. on pallet
30	600	9 000



GAM'S PROTEIN POWER BAR STRAWBERRY

Protein bar with strawberry flavour, L-carnitine, amino acid premix in white coating with protein

Ingredients:

Mixture of proteins 50% (hydrolyzed collagen peptides, **soya** protein, **milk** protein isolate, **milk** protein concentrate), white coating with maltitol and protein 12% [sweetener (maltitols), completely hydrogenated rapeseed and coconut oil, sweet **whey**, skimmed **milk** powder, **milk** protein concentrate, emulsifier (lecithins), flavouring], humectant (glycerol), sweetener (maltitols), rapeseed oil, **soya** protein extrudates (**soya** protein, tapioca starch, salt), water, amino acid premix 1% (L-isoleucine, L-leucine, L-valine), flavourings, L-carnitine 0,5%, premix of vitamins and minerals (vitamin C, zinc), emulsifier (mono- and diglycerides of fatty acids), colour (carmine), antioxidant (tocopherol-rich extract), salt, sweetener (sucralose). May contain **peanuts** and **nuts**.

L-CARNITINE | BCAA | vitamin C | ZINC with COLLAGEN | gluten FREE

NUTRITIONAL VALUES PER 100 g

Energy:.....	1 567 kJ/374 kcal	Salt:.....	1,08 g
Fat:.....	10 g	Vitamin C:.....	200 mg
of which saturates:.....	4,6 g	Zinc:.....	6,0 mg
Carbohydrate:.....	25 g	L-carnitine:.....	200 mg
of which sugars:.....	1,6 g	L-isoleucine:.....	250 mg
of which polyols:.....	12 g	L-leucine:.....	500 mg
Fibre:.....	0,6 g	L-valine:.....	250 mg
Protein:.....	50 g		



Product name

Gam's Power Strawberry

Weight	EAN/pcs	EAN/box
40 g	8585067201635	8585067201666
Pcs. in box	Pcs. in layer	Pcs. on pallet
30	600	9 000

GAM'S PROTEIN POWER BAR

VANILLA

Protein bar with vanilla flavour, L-carnitine, amino acid premix in milk coating with protein

Ingredients:

Mixture of proteins 50% (hydrolyzed collagen peptides, **soya** protein, **milk** protein isolate, **milk** protein concentrate), milk coating with maltitol and protein 12% [sweetener (maltitols), completely hydrogenated rapeseed and coconut oil, **milk** protein concentrate, skimmed **milk** powder, cocoa powder, emulsifier (lecithins), flavouring], humectant (glycerol), sweetener (maltitols), rapeseed oil, **soya** protein extrudates (**soya** protein, tapioca starch, salt), water, amino acid premix 1% (L-isoleucine, L-leucine, L-valine), flavourings, L-carnitine 0,5%, premix of vitamins and minerals (vitamin C, zinc), emulsifier (mono- and diglycerides of fatty acids), antioxidant (tocopherol-rich extract), salt, sweetener (sucralose). May contain **peanuts** and **nuts**.

L-CARNITINE | BCAA | vitamin C | ZINC
with **COLLAGEN | gluten FREE**

NUTRITIONAL VALUES PER 100 g

Energy:.....	1 558 kJ/372 kcal	Salt:.....	1,08 g
Fat:.....	11 g	Vitamin C:.....	200 mg
of which saturates:.....	4,9 g	Zinc:.....	6,0 mg
Carbohydrate:.....	24 g	L-carnitine:.....	200 mg
of which sugars:.....	0,6 g	L-isoleucine:.....	250 mg
of which polyols:.....	13 g	L-leucine:.....	500 mg
Fibre:.....	0,6 g	L-valine:.....	250 mg
Protein:.....	50 g		

Product name

Gam's Power Vanilla

Weight	EAN/pcs	EAN/box
40 g	8585067201611	8585067201642
Pcs. in box	Pcs. in layer	Pcs. on pallet
30	600	9 000



Healthy lifestyle
Gam's
PROTEIN



MULTILAYER BARS

4 FLAVOURS



GAM'S PROTEIN MULTILAYER BARS

DOUBLE THE TASTE EXPERIENCE

Indulge in a sensational **double layer of flavour** and an **unparalleled taste experience** with each bite. The **extra-pure milk caramel layer**, crafted without any added sugars, melds seamlessly with the **rich, nutty crunch** of real, **whole nuts** incorporated into the protein bar.

This **luxurious combination** elevates **every bite**, delivering an **explosion of taste** that is both **decadently sweet** and **irresistibly satisfying**.

With a **protein content of up to 27%**, the result is a truly delightful treat that not only delights the palate but also provides a moment of **pure, unadulterated indulgence**.

The product line features **Milk Protein Concentrate** (MPC) and **Hydrolyzed Collagen**, the same rich and concentrated sources of protein and collagen that we use in Gam's CORE PROTEIN bars.

Protein content 25% - 27%, based on the flavour
gluten FREE | with COLLAGEN | NO added sugars | palm-oil FREE

GAM'S PROTEIN MULTILAYER BAR COOKIES

Protein bar with cookies flavour, paste with caramel flavour and roasted peanuts in white coating with protein

Ingredients:

Paste with caramel flavour 25% [fructooligosaccharides, whole **milk** powder, water, cocoa butter, sunflower oil, humectant (glycerol), flavouring, emulsifier (lecithins), salt], mixture of proteins 24% (**milk** protein concentrate, hydrolyzed collagen peptides, whole **milk** powder), white coating with maltitol and protein 22% [sweetener (maltitols), completely hydrogenated rapeseed and coconut oil, sweet **whey**, skimmed **milk** powder, **milk** protein concentrate, emulsifier (lecithins), flavouring], roasted **peanuts** 10%, sweetener (maltitols), humectant (glycerol), rapeseed oil, water, **soya** protein extrudates (**soya** protein, tapioca starch, salt), colour (vegetable carbon), flavourings, thickener (acacia gum), emulsifier (mono- and diglycerides of fatty acids), antioxidant (tocopherol-rich extract), salt. May contain **nuts**.

NO added sugars | with COLLAGEN
gluten FREE | palm oil FREE

NUTRITIONAL VALUES PER 100 g

Energy:..... 1 600 kJ/382 kcal	of which polyols:..... 12 g
Fat: 19 g	Fibre: 13 g
of which saturates: 9,7 g	Protein:..... 27 g
Carbohydrate:..... 25 g	Salt: 0,39 g
of which sugars:..... 6,9 g	

Product name

Gam's Multilayer Cookies

Weight	EAN/pcs	EAN/box
50 g	8585067200805	8585067200997
Pcs. in box	Pcs. in layer	Pcs. on pallet
28	560	8 400



GAM'S PROTEIN MULTILAYER BAR STRAWBERRY

Protein bar with lyophilized strawberries, cheesecake flavour, paste with caramel flavour and roasted peanuts in white coating with protein

Ingredients:

Paste with caramel flavour 25% [fructooligosaccharides, whole **milk** powder, water, cocoa butter, sunflower oil, humectant (glycerol), flavouring, emulsifier (lecithins), salt], mixture of proteins 23% (**milk** protein concentrate, hydrolyzed collagen peptides, whole **milk** powder), white coating with maltitol and protein 22% [sweetener (maltitols), completely hydrogenated rapeseed and coconut oil, sweet **whey**, skimmed **milk** powder, **milk** protein concentrate, emulsifier (lecithins), flavouring], roasted **peanuts** 10%, sweetener (maltitols), humectant (glycerol), rapeseed oil, water, grated coconut, pieces of lyophilized strawberries 0,7%, acidity regulator (lactic acid), flavourings, thickener (acacia gum), emulsifier (mono- and diglycerides of fatty acids), antioxidant (tocopherol-rich extract), salt. May contain **soya** and **nuts**.



**NO added sugars | with COLLAGEN
gluten FREE | palm oil FREE**

NUTRITIONAL VALUES PER 100 g

Energy:.....	1 624 kJ/388 kcal	of which polyols:.....	13 g
Fat:	20 g	Fibre:	13 g
of which saturates:.....	10 g	Protein:.....	25 g
Carbohydrate:.....	27 g	Salt:	0,34 g
of which sugars:.....	7,3 g		

Product name

Gam's Multilayer Strawberry

Weight	EAN/pcs	EAN/box
50 g	8585067200812	8585067201000
Pcs. in box	Pcs. in layer	Pcs. on pallet
28	560	8 400

GAM'S PROTEIN MULTILAYER BAR VANILLA

Protein bar with vanilla flavour, paste with caramel flavour and roasted peanuts in milk coating with protein

Ingredients:

Paste with caramel flavour 25% [fructooligosaccharides, whole **milk** powder, water, cocoa butter, sunflower oil, humectant (glycerol), flavouring, emulsifier (lecithins), salt], mixture of proteins 24% (**milk** protein concentrate, hydrolyzed collagen peptides, whole **milk** powder), milk coating with maltitol and protein 22% [sweetener (maltitols), completely hydrogenated rapeseed and coconut oil, **milk** protein concentrate, skimmed **milk** powder, cocoa powder, emulsifier (lecithins), flavouring], roasted **peanuts** 10%, humectant (glycerol), sweetener (maltitols), rapeseed oil, water, flavourings, thickener (acacia gum), emulsifier (mono- and diglycerides of fatty acids), antioxidant (tocopherol-rich extract), salt. May contain **soya** and **nuts**.

**NO added sugars | with COLLAGEN
gluten FREE | palm oil FREE**

NUTRITIONAL VALUES PER 100 g

Energy:.....1 591 kJ/380 kcal	of which polyols:.....14 g
Fat:19 g	Fibre:13 g
of which saturates:.....10 g	Protein:.....26 g
Carbohydrate:.....26 g	Salt:.....0,26 g
of which sugars:.....5,1 g	

Product name

Gam's Multilayer Vanilla

Weight	EAN/pcs	EAN/box
50 g	8585067200799	8585067200980
Pcs. in box	Pcs. in layer	Pcs. on pallet
28	560	8 400



GAM'S PROTEIN MULTILAYER BAR CHOCOLATE

Protein bar with cocoa, paste with caramel flavour and roasted peanuts in milk coating with protein

Ingredients:

Paste with caramel flavour 25% [fructooligosaccharides, whole **milk** powder, water, cocoa butter, sunflower oil, humectant (glycerol), flavouring, emulsifier (lecithins), salt], mixture of proteins 24% (**milk** protein concentrate, hydrolyzed collagen peptides, whole **milk** powder), milk coating with maltitol and protein 22% [sweetener (maltitols), completely hydrogenated rapeseed and coconut oil, **milk** protein concentrate, skimmed **milk** powder, cocoa powder, emulsifier (lecithins), flavouring], roasted **peanuts** 10%, sweetener (maltitols), humectant (glycerol), rapeseed oil, water, fat reduced cocoa powder 1,1% [fat reduced cocoa powder, acidity regulator (potassium carbonates)], flavourings, thickener (acacia gum), emulsifier (mono- and diglycerides of fatty acids), antioxidant (tocopherol-rich extract). May contain **soya** and **nuts**.



**NO added sugars | with COLLAGEN
gluten FREE | palm oil FREE**

NUTRITIONAL VALUES PER 100 g

Energy:.....1 601 kJ/383 kcal	of which polyols:.....14 g
Fat:20 g	Fibre:13 g
of which saturates:.....10 g	Protein:.....26 g
Carbohydrate:.....24 g	Salt:0,29 g
of which sugars:.....5,0 g	

Product name

Gam's Multilayer Chocolate

Weight	EAN/pcs	EAN/box
50 g	8585067200782	8585067200973
Pcs. in box	Pcs. in layer	Pcs. on pallet
28	560	8 400

VEGAN BARS

2 FLAVOURS



GAM'S PROTEIN VEGAN BARS

100% PLANT BASED INGREDIENTS

Explore our vegan category, where you'll find a **range of plant-based products** designed to offer **exceptional quality** and **nutrition** without relying on **animal-derived ingredients**. Ideal for **those who value health, sustainability, and cruelty-free options**.

100% PLANT PROTEIN: Our protein bars derive their protein from a blend of rice and soy, ensuring a complete and balanced source.

These vegan protein bars are not only **rich in fiber**—thanks to the inclusion of **dates and other dried fruits**—but also **deliver irresistible flavour with real chocolate**, making **every bite a delicious and nutritious experience**.

Protein content 19-23%, based on the flavour

REAL chocolate | HIGH fibre | gluten FREE | palm-oil FREE

GAM'S PROTEIN VEGAN BAR BLACKCURRANT

Vegan protein bar with lyophilized blackcurrants in dark chocolate

Ingredients:

Date paste, dark chocolate with maltitol 20% [sweetener (maltitols), cocoa mass, cocoa butter, cocoa powder, emulsifier (lecithins), flavouring], mixture of proteins 19% (rice protein, **soya** protein), chicory root fibre, sweetened dried cranberries (cranberries, sugar, sunflower oil), crushed **almonds**, pieces of lyophilized blackcurrants 4%, cocoa butter, flavouring, antioxidant (tocopherol-rich extract), salt. May contain **milk**, **peanuts** and other **nuts**.

**REAL chocolate | HIGH fibre
gluten FREE | palm oil FREE**

NUTRITIONAL VALUES PER 100 g

Energy:.....1 515 kJ/362 kcal	of which polyols:.....6,2 g
Fat:14 g	Fibre:18 g
of which saturates:.....6,4 g	Protein:.....19 g
Carbohydrate:.....35 g	Salt:0,73 g
of which sugars:.....18 g	

Product name

Gam's Vegan Blackcurrant

Weight	EAN/pcs	EAN/box
40 g	8585067200867	8585067201055
Pcs. in box	Pcs. in layer	Pcs. on pallet
30	600	9000



GAM'S PROTEIN VEGAN BAR SALTED CARAMEL

Vegan protein bar with salted caramel flavour and peanut butter in dark chocolate. With sweetener. Gluten-free. High fibre. 40g.

Ingredients:

Date paste, mixture of proteins 21% (rice protein, **soya** protein), dark chocolate with maltitol 20% [sweetener (maltitols), cocoa mass, cocoa butter, cocoa powder, emulsifier (lecithins), flavouring], chicory root fibre, **peanut** butter 5,2%, **soya** protein extrudates 3,9% (**soya** protein, tapioca starch, salt), cocoa butter, flavouring, salt 0,1%, antioxidant (tocopherol-rich extract). May contain **milk** and **nuts**.



**REAL chocolate | HIGH fibre
gluten FREE | palm oil FREE**

NUTRITIONAL VALUES PER 100 g

Energy:.....1 514 kJ/362 kcal	of which polyols:..... 6,2 g
Fat:14 g	Fibre:18 g
of which saturates:.....6,6 g	Protein:..... 23 g
Carbohydrate:..... 31 g	Salt: 0,98 g
of which sugars:.....19 g	

Product name

Gam's Vegan Salted Caramel

Weight	EAN/pcs	EAN/box
40 g	8585067200874	8585067201062
Pcs. in box	Pcs. in layer	Pcs. on pallet
30	600	9000



NUTS BARS

4 FLAVOURS



GAM'S PROTEIN NUTS BARS

Indulge in our exquisite nuts bar, a true celebration of flavour and nutrition.

The 4NUTS bar offers a unique blend of **four different nuts**, while the other three varieties feature a **vibrant mix of nuts** and **dried fruits**, perfectly balanced to delight your taste buds.

To elevate the experience even further, each bar is finished with a **rich protein coating** that adds a satisfying layer of decadence. Every bite is a **fusion of wholesome ingredients** and **luxurious taste**, making it not just a snack, but a **nourishing treat** that **fuels your body** and **satisfies your cravings**.

Gam's NUTS PROTEIN BAR is packed with **high energy** and essential nutrients, delivering a **boost of protein**, primarily sourced from soy.

Protein content 15-19%, based on the flavour

PEANUTS | CASHEWS | ALMONDS | PISTACHIO | REAL FRUIT | gluten FREE | palm-oil FREE

GAM'S PROTEIN NUTS BAR

4 NUTS

Protein bar with peanuts, cashews, almonds and pistachio nuts in dark coating with protein

Ingredients:

Roasted **peanuts** 45%, glucose syrup, **almonds** 13%, dark coating with maltitol and protein 10% [sweetener (maltitols), completely hydrogenated rapeseed and coconut oil, cocoa powder, **milk** protein concentrate, emulsifier (lecithins), flavouring], glucose-fructose syrup, **pistachio nuts** 5,8%, pieces of **cashews** 3,6%, **soya** protein extrudates 1,7% (**soya** protein, tapioca starch, salt), rapeseed oil, emulsifier (lecithins), salt. May contain other **nuts**. May contain small pieces of pits and shells.

peanuts | cashews | almonds | pistachio
gluten FREE | palm oil FREE

NUTRITIONAL VALUES PER 100 g

Energy:..... 2 246 kJ/537 kcal	of which sugars:..... 13 g
Fat:..... 38 g	Fibre:..... 8,0 g
of which saturates:..... 7,9 g	Protein:..... 19 g
Carbohydrate:..... 28 g	Salt:..... 0,08 g

Product name

Gam's Nuts 4Nuts

Weight	EAN/pcs	EAN/box
40 g	8585067200829	8585067201017
Pcs. in box	Pcs. in layer	Pcs. on pallet
30	600	9 000



GAM'S PROTEIN NUTS BAR

SALTED CARAMEL

Protein bar with peanuts, cashews and caramel pieces in dark coating with protein

Ingredients:

Salted roasted **peanuts** 45% (**peanuts**, sunflower oil, salt), glucose syrup, dark coating with maltitol and protein 10% [sweetener (maltitols), completely hydrogenated rapeseed and coconut oil, cocoa powder, **milk** protein concentrate, emulsifier (lecithins), flavouring], pieces of **cashews** 8,8%, roasted **peanuts** 8,8%, glucose-fructose syrup, caramel pieces 5,6% (sugar, glucose syrup, salt), **soya** protein extrudates 1,8% (**soya** protein, tapioca starch, salt), rapeseed oil, emulsifier (lecithins), salt. May contain other **nuts**. May contain small pieces of pits and shells.



peanuts | cashews
gluten FREE | palm oil FREE

NUTRITIONAL VALUES PER 100 g

Energy:.....2 209 kJ/528 kcal of which sugars:.....16 g
 Fat:36 g Fibre:7,2 g
 of which saturates:.....7,5 g Protein:.....18 g
 Carbohydrate:.....32 g Salt:0,72 g

Product name		
Gam's Nuts Salted Caramel		
Weight	EAN/pcs	EAN/box
40 g	8585067200843	8585067201031
Pcs. in box	Pcs. in layer	Pcs. on pallet
30	600	9 000

GAM'S PROTEIN NUTS BAR

BERRIES

Protein bar with peanuts, cashews, lyophilized blackcurrants and raspberries in dark coating with protein

Ingredients:

Roasted **peanuts** 53%, glucose syrup, dark coating with maltitol and protein 10% [sweetener (maltitols), completely hydrogenated rapeseed and coconut oil, cocoa powder, **milk** protein concentrate, emulsifier (lecithins), flavouring], sweetened dried cranberries 9,6% (cranberries 60%, sugar, sunflower oil), glucose-fructose syrup, pieces of **cashews** 5,4%, rapeseed oil, **soya** protein extrudates 1,4% (**soya** protein, tapioca starch, salt), lyophilized blackcurrants 0,7%, pieces of lyophilized raspberries 0,5%, emulsifier (lecithins), salt. May contain other **nuts**. May contain small pieces of pits and shells.

peanuts | cashews
gluten FREE | palm oil FREE

NUTRITIONAL VALUES PER 100 g

Energy:.....2 134 kJ/510 kcal	of which sugars:.....20 g
Fat: 33 g	Fibre:7,7 g
of which saturates:..... 7,6 g	Protein:..... 17 g
Carbohydrate:..... 34 g	Salt:0,11 g

Product name

Gam's Nuts Berries

Weight	EAN/pcs	EAN/box
40 g	8585067200836	8585067201024
Pcs. in box	Pcs. in layer	Pcs. on pallet
30	600	9 000



GAM'S PROTEIN NUTS BAR

APPLE PIE

Bar with walnuts, dried raisins, dried apples and cinnamon in milk coating with protein

Ingredients:

Pieces of **walnuts** 25%, glucose syrup, milk coating with maltitol and protein 10% [sweetener (maltitols), completely hydrogenated rapeseed and coconut oil, **milk** protein concentrate, skimmed **milk** powder, cocoa powder, emulsifier (lecithins), flavouring], dried raisins 9,4% (raisins 99%, sunflower oil), **soya** protein extrudates (**soya** protein, tapioca starch, salt), pieces of roasted **peanuts** 9%, glucose-fructose syrup, pieces of dried apples 8,4% [apples 99,3%, antioxidant (citric acid)], rapeseed oil, ground cinnamon 0,8%, emulsifier (lecithins), salt. May contain other **nuts**. May contain small pieces of pits and shells.



walnuts | peanuts
gluten FREE | palm oil FREE

NUTRITIONAL VALUES PER 100 g

Energy:.....	2002 kJ / 479 kcal	of which sugars:.....	24 g
Fat:	27 g	Fibre:	4,3 g
of which saturates:.....	5,9 g	Protein:.....	15 g
Carbohydrate:.....	43 g	Salt:	0,30 g

Product name		
Gam's Nuts Apple Pie		
Weight	EAN/pcs	EAN/box
40 g	8585067200850	8585067201048
Pcs. in box	Pcs. in layer	Pcs. on pallet
30	600	9 000

CEREAL BARS

3 FLAVOURS



GAM'S PROTEIN CEREAL BAR

GLUTEN-FREE CEREAL BAR FULL OF PROTEIN

Indulge in the **perfect combination** of **delicious taste** and **superior nutrition** with our Cereal Protein Bar. **Crafted with care**, each bar contains **25% protein**, mainly thanks to the **powerful blend of soy crispies, collagen** and **Milk Protein Concentrate (MPC)**.

Our **gluten-free cereals**, including **oats, buckwheat, millet, soya, amaranth**, and **quinoa**, provide a **wholesome foundation** for this nutritious snack. **Amaranth and quinoa** are celebrated for their **rich nutrient profiles**, offering a **boost of essential vitamins, minerals**, and **complete proteins** to support your **active lifestyle**.

Available in **three irresistible flavours** — strawberry, chocolate, and coconut — each bar is finished with a **delicious protein coating** that perfectly **complements its vibrant taste**.

Whether you're looking for a **satisfying snack** to **fuel your day** or a **guilt-free treat** to curb your cravings, our Protein Cereal Bar **delivers on both taste and nutrition**, making **every bite a moment to savor**.

Protein content 25%

AMARANTH | QUINOA | OATS | BUCKWHEAT | MILLET | COLLAGEN | gluten FREE

GAM'S PROTEIN CEREAL BAR COCONUT

Protein bar with soya protein extrudates, puffed buckwheat, puffed millet, puffed oats, puffed quinoa, puffed amaranth with coconut in dark coating with protein

Ingredients:

Dark coating with maltitol and protein 24% [sweetener (maltitols), completely hydrogenated rapeseed and coconut oil, cocoa powder, **milk** protein concentrate, emulsifier (lecithins), flavouring], glucose syrup, **soya** protein extrudates 20% (**soya** protein, tapioca starch, salt), glucose-fructose syrup, hydrolyzed collagen peptides 4,5%, rapeseed oil, grated coconut 2,7%, **milk** protein concentrate 1,8%, puffed buckwheat 1,8%, puffed millet 1,8%, puffed oats 1,8%, puffed quinoa 1,8%, puffed amaranth 1,8%, flavouring, emulsifier (lecithins), salt. May contain **peanuts** and **nuts**.

with AMARANTH | with QUINOA
with COLLAGEN | gluten FREE

NUTRITIONAL VALUES PER 100 g

Energy:.....1694 kJ / 405 kcal	of which sugars:.....17 g
Fat:.....13 g	Fibre:2,1 g
of which saturates:.....10 g	Protein:.....25 g
Carbohydrate:.....49 g	Salt:.....0,59 g

Product name

Gam's Cereal Coconut

Weight	EAN/pcs	EAN/box
29 g	8585067201420	8585067201451
Pcs. in box	Pcs. in layer	Pcs. on pallet
28	560	8 400



GAM'S PROTEIN CEREAL BAR STRAWBERRY

Protein bar with soya protein extrudates, puffed buckwheat, puffed millet, puffed oats, puffed quinoa, puffed amaranth with lyophilized strawberries in white coating with protein

Ingredients:

White coating with maltitol and protein 24% [sweetener (maltitols), completely hydrogenated rapeseed and coconut oil, sweet **whey**, skimmed **milk** powder, **milk** protein concentrate, emulsifier (lecithins), flavouring], glucose syrup, **soya** protein extrudates 20% (**soya** protein, tapioca starch, salt), glucose-fructose syrup, hydrolyzed collagen peptides 4,5%, rapeseed oil, pieces of lyophilized strawberries 2,7%, **milk** protein concentrate 1,8%, puffed buckwheat 1,8%, puffed millet 1,8%, puffed oats 1,8%, puffed quinoa 1,8%, puffed amaranth 1,8%, flavouring, emulsifier (lecithins), salt. May contain **peanuts** and **nuts**.



with AMARANTH | with QUINOA
with COLLAGEN | gluten FREE

NUTRITIONAL VALUES PER 100 g

Energy:.....1732 kJ / 414 kcal of which sugars:.....20 g
 Fat: 12 g Fibre:1,9 g
 of which saturates:..... 8,2 g Protein:..... 25 g
 Carbohydrate:..... 52 g Salt:0,75 g

Product name		
Gam's Cereal Strawberry		
Weight	EAN/pcs	EAN/box
29 g	8585067201444	8585067201475
Pcs. in box	Pcs. in layer	Pcs. on pallet
28	560	8 400

GAM'S PROTEIN CEREAL BAR CHOCOLATE

Protein bar with soya protein extrudates, puffed buckwheat, puffed millet, puffed oats, puffed quinoa, puffed amaranth with cocoa in milk coating with protein

Ingredients:

Milk coating with maltitol and protein 24% [sweetener (maltitols), completely hydrogenated rapeseed and coconut oil, **milk** protein concentrate, skimmed **milk** powder, cocoa powder, emulsifier (lecithins), flavouring], glucose syrup, **soya** protein extrudates 20% (**soya** protein, tapioca starch, salt), glucose-fructose syrup, hydrolyzed collagen peptides 4,5%, rapeseed oil, fat reduced cocoa powder 2,7% [fat reduced cocoa powder, acidity regulator (potassium carbonates)], **milk** protein concentrate 1,8%, puffed buckwheat 1,8%, puffed millet 1,8%, puffed oats 1,8%, puffed quinoa 1,8%, puffed amaranth 1,8%, flavouring, emulsifier (lecithins), salt. May contain **peanuts** and **nuts**.

with AMARANTH | with QUINOA
with COLLAGEN | gluten FREE

NUTRITIONAL VALUES PER 100 g

Energy:.....1720 kJ / 411 kcal	of which sugars:.....16 g
Fat: 13 g	Fibre: 2,4 g
of which saturates:9,0 g	Protein:..... 25 g
Carbohydrate:.....49 g	Salt:0,72 g

Product name

Gam's Cereal Chocolate

Weight	EAN/pcs	EAN/box
29 g	8585067201437	8585067201468
Pcs. in box	Pcs. in layer	Pcs. on pallet
28	560	8 400





Healthy lifestyle
Gam's
PROTEIN

BONS

3 FLAVOURS



GAM'S PROTEIN BONNS

Experience the ultimate indulgence with our protein bons, where **luxurious flavours meet powerful nutrition.**

Each bonbon is crafted with a **rich protein coating** that envelops a **delightful burst of flavour** — whether it's the tropical allure of coconut, the smooth warmth of vanilla, or the bold tang of blackcurrant.

These **exquisite treats offer more** than just extraordinary taste; they deliver a **nourishing protein boost** that satisfies both **your cravings** and your **nutritional needs.**

Elevate your snacking with our protein bons, **a celebration of taste** and **wellness in every bite.**

The product line features **Milk Protein Concentrate** (MPC) and **Hydrolyzed Collagen**, the same rich and concentrated sources of protein and collagen that we use in Gam's CORE PROTEIN bars.

Protein content 27% - 28%, based on the flavour
NO added sugars | gluten FREE | palm-oil FREE | soy FREE

GAM'S PROTEIN BONS BLACKCURRANT

Protein balls with lyophilized blackcurrants in white coating with protein

Ingredients:

White coating with maltitol and protein 50% [sweetener (maltitols), completely hydrogenated rapeseed and coconut oil, sweet **whey**, skimmed **milk** powder, **milk** protein concentrate, emulsifier (lecithins), flavouring]. Protein mass 49% [mixture of proteins 27% (**milk** protein concentrate, hydrolyzed collagen peptides, whole **milk** powder), humectant (glycerol), sweetener (maltitols), rapeseed oil, water, pieces of lyophilized blackcurrants 2%, acidity regulator (lactic acid), flavourings, thickener (acacia gum), emulsifier (mono- and diglycerides of fatty acids), antioxidant (tocopherol-rich extract), colouring concentrate from hibiscus and carrot [concentrate from hibiscus and carrot, water, antioxidant (citric acid)], salt]. Glazing agent 1% (carnauba wax, beeswax, shellac). May contain **peanuts**, **soya** and **nuts**.

**NO added sugars | gluten FREE
palm oil FREE**

NUTRITIONAL VALUES PER 100 g

Energy:.....1 785 kJ/427 kcal	of which polyols:..... 21 g
Fat: 22 g	Fibre:1,9 g
of which saturates: 17 g	Protein:.....28 g
Carbohydrate:.....36 g	Salt: 0,49 g
of which sugars:.....7,3 g	

Product name

Gam's Bons Blackcurrant

Weight	EAN/pcs	EAN/box
70 g	8585067201277	8585067201413
Pcs. in box	Pcs. in layer	Pcs. on pallet
10	330	1980





GAM'S PROTEIN BONDS

VANILLA

Protein balls with vanilla flavour in milk coating with protein

Ingredients:

Milk coating with maltitol and protein 50% [sweetener (maltitols), completely hydrogenated rapeseed and coconut oil, **milk** protein concentrate, skimmed **milk** powder, cocoa powder, emulsifier (lecithins), flavouring]. Protein mass 49% [mixture of proteins 28% (**milk** protein concentrate, hydrolyzed collagen peptides, whole **milk** powder), humectant (glycerol), sweetener (maltitols), rapeseed oil, water, flavourings, thickener (acacia gum), emulsifier (mono- and diglycerides of fatty acids), antioxidant (tocopherol-rich extract), colour (curcumin), salt]. Glazing agent 1% (carnauba wax, beeswax, shellac). May contain **peanuts, soya** and **nuts**.

NO added sugars | gluten FREE
palm oil FREE

NUTRITIONAL VALUES PER 100 g

Energy:.....1 752 kJ/419 kcal	of which polyols:..... 27 g
Fat: 23 g	Fibre:1,8 g
of which saturates:..... 18 g	Protein:..... 28 g
Carbohydrate:..... 35 g	Salt: 0,28 g
of which sugars:..... 2,5 g	

Product name		
Gam's Bons Vanilla		
Weight	EAN/pcs	EAN/box
70 g	8585067201260	8585067201406
Pcs. in box	Pcs. in layer	Pcs. on pallet
10	330	1980

GAM'S PROTEIN BONS COCONUT

Protein balls with coconut in dark coating with protein

Ingredients:

Dark coating with maltitol and protein 50% [sweetener (maltitols), completely hydrogenated rapeseed and coconut oil, cocoa powder, **milk** protein concentrate, emulsifier (lecithins), flavouring]. Protein mass 49% [mixture of proteins 26% (**milk** protein concentrate, hydrolyzed collagen peptides, whole **milk** powder), sweetener (maltitols), humectant (glycerol), rapeseed oil, grated coconut 2,5%, water, thickener (acacia gum), flavourings, emulsifier (mono- and diglycerides of fatty acids), antioxidant (tocopherol-rich extract), salt]. Glazing agent 1% (carnauba wax, beeswax, shellac). May contain **peanuts, soya** and **nuts**.

**NO added sugars | gluten FREE
palm oil FREE**

NUTRITIONAL VALUES PER 100 g

Energy:..... 1 822 kJ/435 kcal	of which polyols:..... 22 g
Fat: 25 g	Fibre: 2,4 g
of which saturates: 20 g	Protein:..... 27 g
Carbohydrate:..... 34 g	Salt: 0,28 g
of which sugars:..... 2,2 g	

Product name

Gam's Bons Coconut

Weight	EAN/pcs	EAN/box
70 g	8585067201253	8585067201390
Pcs. in box	Pcs. in layer	Pcs. on pallet
10	330	1980





Healthy lifestyle
Gam's
PROTEIN

REAL FRUITS

3 FLAVOURS



Strawberry in PROTEIN coating

Banana in PROTEIN coating

Raspberry in PROTEIN coating

GAM'S PROTEIN FRUITS

Celebrate the pure **joy of real fruit** with our lyophilized delights, **perfectly paired** with a **luscious protein coating**.

Each bite brings the **vibrant taste** of strawberries, raspberries, and bananas —bursting with natural fruit sweetness and wrapped in a **delicious** milk, dark, or white **protein coating**.

Our **wholesome fruit treats** not only offer an **extraordinary flavour experience** but also deliver the **benefits of healthy, nutrient-rich ingredients** combined with a satisfying **protein boost**.

Indulge in a **guilt-free snack** that **honors both taste and wellness**, making every bite a **celebration of nature's best** and a step towards **nourishing your body**.

REAL FRUIT | NO added sugars | gluten FREE | palm-oil FREE | soy FREE

GAM'S PROTEIN FRUIT STRAWBERRIES

Lyophilized strawberries in white coating with protein

Ingredients:

White coating with maltitol and protein 79% [sweetener (maltitols), completely hydrogenated rapeseed and coconut oil, sweet **whey**, skimmed **milk** powder, **milk** protein concentrate, emulsifier (lecithins), flavouring]. Lyophilized strawberries 20%. Glazing agent 1% (carnauba wax, beeswax, shellac). May contain **peanuts**, **soya** and **nuts**.

**real FRUIT | NO added sugars
gluten FREE | palm oil FREE**

NUTRITIONAL VALUES PER 100 g

Energy:.....1 934 kJ/462 kcal	of which polyols:.....27 g
Fat:28 g	Fibre:2,6 g
of which saturates:.....25 g	Protein:.....11 g
Carbohydrate:.....52 g	Salt:.....0,40 g
of which sugars:.....18 g	

Product name

Gam's Fruits Strawberries

Weight	EAN/pcs	EAN/box
70 g	8585067201246	8585067201383
Pcs. in box	Pcs. in layer	Pcs. on pallet
8	264	1584



Strawberry in PROTEIN coating



GAM'S PROTEIN FRUIT RASPBERRY

Lyophilized raspberries in milk coating with protein

Ingredients:

Milk coating with maltitol and protein 82,3% [sweetener (maltitols), completely hydrogenated rapeseed and coconut oil, **milk** protein concentrate, skimmed **milk** powder, cocoa powder, emulsifier (lecithins), flavouring]. Lyophilized raspberries 16,7%. Glazing agent 1% (carnauba wax, beeswax, shellac). May contain **peanuts**, **soya** and **nuts**.

real FRUIT | NO added sugars
gluten FREE | palm oil FREE

NUTRITIONAL VALUES PER 100 g

Energy:.....1 941 kJ/464 kcal	of which polyols:..... 35 g
Fat: 31 g	Fibre: 3,6 g
of which saturates:..... 29 g	Protein:..... 11 g
Carbohydrate:.....48 g	Salt: 0,08 g
of which sugars:.....7,7 g	

Product name		
Gam's Fruits Raspberry		
Weight	EAN/pcs	EAN/box
70 g	8585067201222	8585067201369
Pcs. in box	Pcs. in layer	Pcs. on pallet
8	264	1584

GAM'S PROTEIN FRUIT BANANA

Lyophilized bananas in dark coating with protein

Ingredients:

Dark coating with maltitol and protein 74% [sweetener (maltitols), completely hydrogenated rapeseed and coconut oil, cocoa powder, **milk** protein concentrate, emulsifier (lecithins), flavouring]. Lyophilized bananas 25%. Glazing agent 1% (carnauba wax, beeswax, shellac). May contain **peanuts, soya** and **nuts**.

**real FRUIT | NO added sugars
gluten FREE | palm oil FREE**

NUTRITIONAL VALUES PER 100 g

Energy:.....1 903 kJ/455 kcal	of which polyols:.....25 g
Fat: 28 g	Fibre: 4,8 g
of which saturates: 26 g	Protein:..... 9,7 g
Carbohydrate:.....49 g	Salt: 0,08 g
of which sugars:..... 17 g	

Product name

Gam's Fruits Banana

Weight	EAN/pcs	EAN/box
70 g	8585067201239	8585067201376
Pcs. in box	Pcs. in layer	Pcs. on pallet
8	264	1584



Banana in PROTEIN coating

A man and a woman are hiking on a paved path in a lush, green forest. The man, on the left, has a grey beard and is wearing a dark blue t-shirt and light grey shorts. The woman, on the right, has blonde hair and is wearing a light grey zip-up jacket over a white tank top and grey leggings. Both are holding black trekking poles and smiling. The background is filled with tall trees and dense foliage, with sunlight filtering through the leaves.

Healthy lifestyle
Gam's
PROTEIN

LENTIL CHIPS

3 FLAVOURS



GAM'S PROTEIN LENTIL CHIPS

Introducing our **Gam's Protein Lentil Chips** — a **revolutionary snack** that **combines the satisfying crunch** you crave **with the nutrition** your body deserves.

Fried to perfection and available in **three irresistible flavours** — sea salt, smoked ham, and sour cream & onion — these chips offer a taste experience like no other.

With **50% less fat** than common potato chips and a great **source of fiber**, they're as wholesome **as they are delicious**.

Each bite is packed with **15 - 16% protein**, with **red lentils** as the key protein source, making these chips a **smart choice for fueling your active lifestyle**.

Celebrate the **perfect balance of flavour** and **nutrition** with every **crunchy, guilt-free bite!**

50% LESS FAT | SOURCE OF FIBRE | SOURCE OF PROTEIN | palm-oil FREE | soy FREE

GAM'S PROTEIN LENTIL CHIPS SEA SALT

Protein lentil chips fried with sea salt flavour

Ingredients:

Finely ground lentils 46%, corn flour, rice flour, sunflower oil 15%, seasoning ingredient with sea salt 7% (maltodextrin, sea salt 20,5%, unrefined cane sugar, yeast extract, sunflower oil), potato starch, salt, sugar. May contain **cereals** containing **gluten, milk** and **soya**.

**reduced fat | SOURCE of protein
SOURCE of fibre | palm oil FREE**

NUTRITIONAL VALUES PER 100 g

Energy:.....1 886 kJ/449 kcal	of which sugars:..... 2,1 g
Fat: 16 g	Fibre: 3,1 g
of which saturates: 1,8 g	Protein:..... 15 g
Carbohydrate:..... 59 g	Salt:..... 2,7 g

Product name

Gam's Chips Sea salt

Weight	EAN/pcs	EAN/box
65 g	8585067201291	8585067201482
Pcs. in box	Pcs. in layer	Pcs. on pallet
12	96	480





GAM'S PROTEIN LENTIL CHIPS SMOKED HAM

Protein lentil chips fried with smoked ham flavour

Ingredients:

Finely ground lentils 46%, corn flour, rice flour, sunflower oil 15%, seasoning ingredient with the flavour of smoked ham 7% [dried glucose syrup, salt, flavour enhancer (disodium 5'-ribonucleotides), smoke flavouring, colour (paprika extract), antioxidant (extracts of rosemary)], potato starch, salt, sugar. May contain **cereals** containing **gluten, milk** and **soya**.

reduced fat | SOURCE of protein
SOURCE of fibre | palm oil FREE

NUTRITIONAL VALUES PER 100 g

Energy:.....1 886 kJ/449 kcal	of which sugars:.....1,6 g
Fat: 17 g	Fibre: 3,4 g
of which saturates:1,8 g	Protein:..... 15 g
Carbohydrate:..... 57 g	Salt: 2,80 g

Product name		
Gam's Chips Smoked ham		
Weight	EAN/pcs	EAN/box
65 g	8585067201314	8585067201499
Pcs. in box	Pcs. in layer	Pcs. on pallet
12	96	480

GAM'S PROTEIN LENTIL CHIPS SOUR CREAM & ONION

Protein lentil chips fried with sour cream and onion flavour

Ingredients:

Finely ground lentils 46%, corn flour, rice flour, sunflower oil 15%, seasoning ingredient with the flavour of sour cream and onion 7% [**whey** powder, salt, sugar, **milk** powder, yeast extract, onion, **cheese** powder, mixed spices (garlic, parsley), acidity regulator (lactic acid), flavouring], potato starch, salt, sugar. May contain **cereals** containing **gluten** and **soya**.

**reduced fat | SOURCE of protein
SOURCE of fibre | palm oil FREE**

NUTRITIONAL VALUES PER 100 g

Energy:..... 1 876 kJ/447 kcal	of which sugars:..... 4,2 g
Fat: 16 g	Fibre: 3,1 g
of which saturates: 1,9 g	Protein:..... 16 g
Carbohydrate:..... 58 g	Salt: 3,3 g

Product name

Gam's Chips Sour cream & onion

Weight	EAN/pcs	EAN/box
65 g	8585067201307	8585067201505
Pcs. in box	Pcs. in layer	Pcs. on pallet
12	96	480





Healthy lifestyle
Gam's
PROTEIN

GINGER SHOTS

3 FLAVOURS



GAM'S GINGER SHOTS

Boost Your Day with the Power of Gam's GINGER SHOTS!

Packed with 100% natural goodness, our GINGER SHOT is health in a small bottle! Each shot is supercharged with **35% cold-pressed ginger juice**, known for its natural anti-inflammatory and digestion-boosting properties. Combined with the immune-supporting power of **Vitamin C** and the soothing sweetness of **bee honey**, it's the perfect daily pick-me-up.

Available in three vibrant flavours, you can enjoy the tart and refreshing **Cranberry**, the crisp and zesty **Apple & Lemon**, or the golden powerhouse of **Sea Buckthorn with Turmeric**, designed to strengthen your immunity.

Start your day with a Gam's shot of energy and wellness. Your body will thank you!

35% GINGER juice | vitamin C | BEE HONEY | 100% NATURAL ingredients

GAM'S GINGER SHOT CRANBERRY

Pasteurized drink composed of cranberry juice, ginger juice and honey

Ingredients:

Cranberry juice 39,92%, cold-pressed ginger juice 35%, bees honey 25%, antioxidant (vitamin C) 0,08%

For immediate consumption.

Store at room temperature.

Shake the bottle well before opening.

Any sediment is of natural origin.

**35% GINGER juice | vitamin C
BEE HONEY | 100% NATURAL ingredients**

NUTRITIONAL VALUES PER 100 ml

Energy:.....444 kJ/104 kcal	of which sugars:.....25 g
Fat:.....0 g	Protein:.....0,6 g
of which saturates:.....0 g	Salt:.....0 g
Carbohydrate:.....26 g	

Product name

Gam's Ginger Shot Cranberries

Volume	EAN/pcs	EAN/box
60 ml	8585067201673	8585067201734
Pcs. in box	Pcs. in layer	Pcs. on pallet
24	480	5760





GAM'S GINGER SHOT APPLE

Pasteurized drink composed of apple juice, ginger juice, honey and lemon juice. The product is allergen-free

Ingredients:

Apple juice 35%, cold-pressed ginger juice 35%, bees honey 15%, lemon juice 14,92%, antioxidant (vitamin C) 0,08%.

For immediate consumption.

Store at room temperature.

Shake the bottle well before opening.

Any sediment is of natural origin.

**35% GINGER juice | vitamin C
BEE HONEY | 100% NATURAL ingredients**

NUTRITIONAL VALUES PER 100 ml

Energy:.....	315 kJ/74 kcal	of which sugars:.....	18 g
Fat:	0 g	Protein:.....	1,1 g
of which saturates:.....	0 g	Salt:	0 g
Carbohydrate:.....	18 g		

Product name		
Gam's Ginger Shot Apple		
Volume	EAN/pcs	EAN/box
60 ml	8585067201697	8585067201758
Pcs. in box	Pcs. in layer	Pcs. on pallet
24	480	5760

GAM'S GINGER SHOT TURMERIC SEA BUCKTHORN

Pasteurized drink composed of ginger juice, sea buckthorn juice, honey, lemon juice and turmeric juice

Ingredients:

Cold pressed ginger juice 35%, sea buckthorn juice 25%, bees honey 20%, lemon juice 12,92%, turmeric juice 7%, antioxidant (vitamin C) 0,08%.

For immediate consumption.

Store at room temperature.

Shake the bottle well before opening.

Any sediment is of natural origin.

**35% GINGER juice | vitamin C
BEE HONEY | 100% NATURAL ingredients**

NUTRITIONAL VALUES PER 100 ml

Energy:.....	332 kJ/78 kcal	of which sugars:.....	18 g
Fat:.....	1,0 g	Protein:.....	1,4 g
of which saturates:.....	0 g	Salt:.....	0 g
Carbohydrate:.....	19 g		

Product name

Gam's Ginger Shot Turmeric Sea Buckthorn

Volume	EAN/pcs	EAN/box
60 ml	8585067201680	8585067201741
Pcs. in box	Pcs. in layer	Pcs. on pallet
24	480	5760





Healthy lifestyle
Gann's
PROTEIN

DIETARY SUPPLEMENTS

6 UNIQUE BLENDS



At Gam's, we empower individuals **to live healthier lives** with **innovative, science-backed nutritional products**. We believe in providing **premium-quality supplements** and functional foods to support a wide range of wellness goals. Our offerings span six key areas: **Vitamins, Fat Burners, Antioxidants & Detox, Stress & Balance, Digestion, and Beauty**. Whether you're aiming to boost energy, manage stress, or enhance your beauty routine, our products are designed to help you thrive.

DIETARY SUPPLEMENTS

4 UNIQUE BLENDS OF MULTICOLLAGEN



Gam's Premium Multi Collagen is **one of the most concentrated collagen** supplements available. It combines four collagen sources, delivering **five key types of collagen** peptides (I, II, III, V, X). With **19 essential amino acids**, this advanced formula maximizes effectiveness, helping you **look and feel your best**.

GAM'S DIETARY SUPPLEMENTS

ANTIOXIDANT & DETOX CAPS

90 daily doses

Antioxidant & Detox Caps combine **key vitamins** and **minerals to protect the body** from external harmful influences. With **powerful antioxidants** like vitamin C, E, zinc, and selenium, they **help protect cells** from oxidative stress. The formula is **enriched with natural antioxidants** from plant extracts, including resveratrol, quercetin, curcumin, lutein, and proanthocyanidins.

Ingredients: Vitamin C (Ascorbic Acid), vegan capsule shell, Japanese Knotweed Root Extract, Turmeric Extract 30:1, Sophora Japonica extract 20:1, Grape Seed Extract, Zinc Bisglycinate, bulking agent: Microcrystalline Cellulose, Vitamin E (DL-alpha-tocopheryl acetate), Selenium Methionine, anti-caking agent: Magnesium Stearate, Marigold Extract 10:1. The product is allergen-free.

Direction for use: Take one capsule daily with a glass of water.

Warnings: This product is not a substitute for balanced, varied diet. Store in cool, dry place. Not for use by children, pregnant and breastfeeding women. Keep out of reach of children. Do not exceed the recommended daily dose.

ACTIVE INGREDIENTS	DAILY DOSE 1 CAPSULE	ACTIVE INGREDIENTS	DAILY DOSE 1 CAPSULE
Vitamin C.....	160 mg	Grape Seed Extract.....	80 mg
Japanese Knotweed Root Extract...	120 mg	from which Proanthocyanidins	76 mg
from which Resveratrol.....	60 mg	Vitamin E.....	24 mg
Turmeric Extract 30:1.....	100 mg	Marigold Extract 10:1.....	18,75 mg
from which Curcuminoids.....	95 mg	from which Lutein.....	15 mg
Sophora Japonica Extract 20:1.....	100 mg	Zinc.....	10 mg
from which Quercetin.....	95 mg	Selenium.....	100 mcg

Product name

Gam's Antioxidant & Detox Caps

Weight	EAN/pcs	EAN/box
80,26 g	8585067201550	XXX
Pcs. in box	Pcs. in layer	Pcs. on pallet
XX	XX	XX





GAM'S DIETARY SUPPLEMENTS

HYALURONIC ACID

90 daily doses

Hyaluronic Acid is your **secret weapon** for **glowing skin** and **youthful vitality**! Known for its ability to **retain moisture**, this powerful ingredient helps **hydrate your skin** from within, promoting **smoothness, elasticity**, and a **radiant look**. Not only does it **enhance your beauty**, but it also **supports joint health** by keeping them lubricated **for smooth, pain-free movement**.

Ingredients: bulking agent: Microcrystalline Cellulose, gelatine capsule shell, Sodium hyaluronate, anti-caking agent: Magnesium Stearate.

Direction for use: Take one capsule daily with a glass of water.

Warnings: This product is not a substitute for balanced, varied diet. Store in cool, dry place. Not for use by children, pregnant and breastfeeding women. Keep out of reach of children. Do not exceed the recommended daily dose.

ACTIVE INGREDIENTS

DAILY DOSE 1 CAPSULE

Hyaluronic Acid.....100 mg

Product name

Gam's Hyaluronic Acid

Weight	EAN/pcs	EAN/box
58,32 g	8585067201581	XXX
Pcs. in box	Pcs. in layer	Pcs. on pallet
XX	XX	XX

GAM'S DIETARY SUPPLEMENTS

SLEEP & LOSE WEIGHT

90 daily doses

The Sleep & Lose Weight fat burner is designed for women **who want to burn fat even while they sleep**. This nighttime fat burner contains a **blend of 5 active ingredients**, free from caffeine and stimulants.

It's an **ideal supplement for weight loss** that **won't disrupt your sleep quality** or leave you feeling restless the next day.

Ingredients: Acetyl L - Carnitine, Conjugated Lionelic Acid, vegan capsule shell, Raspberry Ketones Natural 25:1, L - Tryptophan, Silicon Dioxide Sipernat, anti-caking agent: Magnesium Stearate, bulking agent: Microcrystalline Cellulose, BioPerine® - Black Pepper Extract 50:1.

Direction for use: Take one capsule daily with a glass of water.

Warnings: This product is not a substitute for balanced, varied diet. Store in cool, dry place. Not for use by children, pregnant and breastfeeding women. Keep out of reach of children. Do not exceed the recommended daily dose.

ACTIVE INGREDIENTS	DAILY DOSE 1 CAPSULE	ACTIVE INGREDIENTS	DAILY DOSE 1 CAPSULE
Acetyl L - Carnitine	300 mg	L - Tryptophan Powder	50 mg
Conjugated Linoleic Acid.....	200 mg	BioPerine® - Black Pepper	
Raspberry Ketones Natural 25:1	50 mg	Extract 50:1.....	4 mg
from which Ketones	2 mg	from which Piperine	3,8 mg

Product name

Gam's Sleep & Lose Weight

Weight	EAN/pcs	EAN/box
71,73 g	8585067201604	XXX
Pcs. in box	Pcs. in layer	Pcs. on pallet
XX	XX	XX





GAM'S DIETARY SUPPLEMENTS

IMMUNITY

90 daily doses

The multivitamin premix Quali® Blend is a functional supplement **for daily health** and **vitality care**. It contains 12 carefully selected **active ingredients**, including **11 vitamins** and **Organic Ginger Extract**. This helps with the intake of **essential micronutrients** involved in essential processes like **regeneration, digestion, immunity**, and the **nervous system**.

Ingredients: Organic Ginger Powder, Multivitamin Premix Quali® Blend (Vitamin B1, Vitamin B2, Vitamin B3, Vitamin B5, Vitamin B6, Vitamin B7, Vitamin B9, Vitamin B12, Vitamin E), Vitamin C (Ascorbic Acid), bulking agent: Microcrystalline Cellulose, vegan capsule shell, anti-caking agent: Magnesium Stearate, Vitamin D3 (Cholecalciferol).

Direction for use: Take one capsule daily with a glass of water.

Warnings: This product is not a substitute for balanced, varied diet. Store in cool, dry place. Not for use by children, pregnant and breastfeeding women. Keep out of reach of children. Do not exceed the recommended daily dose.

ACTIVE INGREDIENTS	DAILY DOSE 1 CAPSULE	ACTIVE INGREDIENTS	DAILY DOSE 1 CAPSULE
Vitamin C.....	240 mg	Vitamin B1.....	1,1 mg
Vitamin B3.....	16 mg	Vitamin B9.....	200 mcg
Vitamin E.....	12 mg	Vitamin B7.....	50 mcg
Vitamin B5.....	6 mg	Vitamin D3.....	12,5 mcg
Vitamin B2.....	1,4 mg	Vitamin B12.....	2,5 mcg
Vitamin B6.....	1,4 mg		

Product name

Gam's Immunity

Weight	EAN/pcs	EAN/box
81 g	8585067201598	XXX
Pcs. in box	Pcs. in layer	Pcs. on pallet
XX	XX	XX

GAM'S DIETARY SUPPLEMENTS

ASHWAGANDHA

90 daily doses

Ashwagandha, or Indian ginseng (*Withania somnifera*), is an **herb** – adaptogen known for its **positive impact on the body**. It helps **improve resilience to stress**, making it popular among those **dealing with work, school, or personal pressures**. Additionally, research suggests it may **reduce anxiety, fatigue, cortisol levels**, and **boost athletic performance, strength, sleep, and mental health**.

Ingredients: Ashwagandha 25:1, vegan capsule shell, bulking agent: Microcrystalline Cellulose, anti-caking agent: Magnesium Stearate.

Direction for use: Take one capsule daily with a glass of water.

Warnings: This product is not a substitute for balanced, varied diet. Store in cool, dry place. Not for use by children, pregnant and breastfeeding women. Keep out of reach of children. Do not exceed the recommended daily dose.

ACTIVE INGREDIENTS

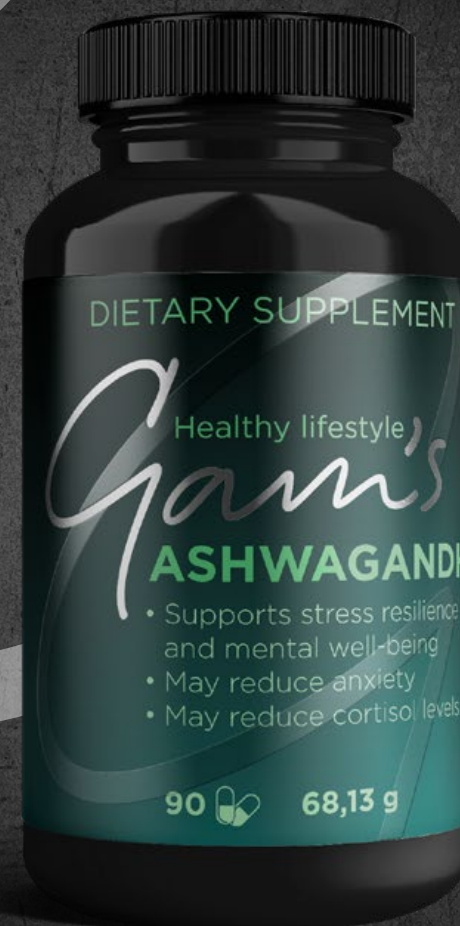
Ashwagandha 25:1	500 mg
from which Withanolides	25 mg

DAILY DOSE 1 CAPSULE

Product name

Gam's Ashwagandha

Weight	EAN/pcs	EAN/box
68,13 g	8585067201567	XXX
Pcs. in box	Pcs. in layer	Pcs. on pallet
XX	XX	XX





GAM'S DIETARY SUPPLEMENTS

HUNGER CONTROL

90 daily doses

Hunger Control is designed for women looking to **shed excess** fat while **managing hunger** and **cravings**.

Its key ingredient, **Garcinia cambogia**, contains **hydroxycitric acid** (HCA), a **natural fat burner**.

The formula also includes **white bean extract**, known for **blocking carbohydrates**, which can **reduce calorie absorption** and **support weight loss**.

Ingredients: Garcinia Cambogia Extract 12:1, White Kidney Bean Extract 20:1, vegan capsule shell, bulking agent: Microcrystalline Cellulose, Apple Cider Vinegar Extract, anti-caking agent: Magnesium Stearate, Chromium Picolinate.

Direction for use: Take one capsule daily with a glass of water.

Warnings: This product is not a substitute for balanced, varied diet. Store in cool, dry place. Not for use by children, pregnant and breastfeeding women. Keep out of reach of children. Do not exceed the recommended daily dose.

ACTIVE INGREDIENTS

DAILY DOSE 1 CAPSULE

Garcinia Cambogia Extract 12:1.....	300 mg
from which Hydroxycitric Acid.....	180 mg
White Kidney Bean Extract 20:1.....	200 mg
Apple Cider Vinegar Extract (5% Acidity)	50 mg
Chromium559 mcg

Product name

Gam's Hunger Control

Weight	EAN/pcs	EAN/box
69,705 g	8585067201574	XXX
Pcs. in box	Pcs. in layer	Pcs. on pallet
XX	XX	XX

GAM'S DIETARY SUPPLEMENTS MULTI COLLAGEN 3 FLAVOUR SELECTION

3 flavours x 10 daily servings

Gam's premium Multi Collagen is one of the **most concentrated collagen** supplements on the market, delivering at least 8,690 mg of bioactive collagen per dose. It combines **four sources of collagen** - Bovine Hydrolyzed Collagen Peptan® B, **Fish** Hydrolyzed Collagen Peptan® F, Bovine Hydrolyzed Cartilage, **Eggshell Membrane** - offering **five types of collagen peptides (I, II, III, V, X)**. With **19 essential amino acids** like glycine, proline, and hydroxyproline, this formula ensures **maximum effectiveness for your body**.

Ingredients: Bovine Hydrolyzed Collagen Peptan® B, **Fish** Hydrolyzed Collagen Peptan® F, Acidity regulator (Citric Acid Anhydrous), Flavourings (Strawberry, Apple, Lemon), Vitamin C (Ascorbic Acid), Zinc Bisglycinate, Colouring [beetroot concentrate, (carthamus concentrate, spirulina extract), carotenes], Sweetener (steviol glycosides from Stevia), Sodium Hyaluronate, Bovine Hydrolyzed Cartilage, **Eggshell Membrane**. **Allergens: Fish, eggs.** *A daily dose of 10,000 mg contains at least 8,690 mg of collagen. **Direction for use:** Mix daily dose of 10 g (one sachet) with 200 - 300 ml of water, stir and drink. Collagen mixes well in smoothies and other blended drinks. **Warnings:** This product is not a substitute for balanced, varied diet. Store in cool, dry place. Not for use by children, pregnant and breastfeeding women. Keep out of reach of children. The recommended daily dose should not be exceeded.

INGREDIENT LIST FOR DAILY DOSE (10 g)

Bovine Hydrolyzed Collagen Peptan® B	Zinc Bisglycinate	50 mg
Strawberry flavour	as Zinc	10 mg
Green Apple flavour	Sodium Hyaluronate	30 mg
Lemon flavour	as Hyaluronic Acid	29,13 mg
Fish Hydrolyzed Collagen Peptan® F	Bovine Hydrolyzed Cartilage	25 mg
Vitamin C (Ascorbic Acid)	Eggshell Membrane	7 mg

Product name

Gam's Multi Collagen 3 Flavour Selection

Weight	EAN/pcs	EAN/box
300 g	8585067201512	XXX
Pcs. in box	Pcs. in layer	Pcs. on pallet
XX	XX	XX



GAM'S DIETARY SUPPLEMENTS MULTI COLLAGEN STRAWBERRY

30 daily servings

Gam's premium Multi Collagen is one of the **most concentrated collagen** supplements on the market, delivering 9,392 mg of bioactive collagen per dose. It combines **four sources of collagen** - Bovine Hydrolyzed Collagen Peptan® B, **Fish** Hydrolyzed Collagen Peptan® F, Bovine Hydrolyzed Cartilage, **Eggshell** Membrane - **offering five types of collagen peptides (I, II, III, V, X)**. With **19 essential amino acids** like glycine, proline, and hydroxyproline, this formula ensures **maximum effectiveness for your body**.

Ingredients: Bovine Hydrolyzed Collagen Peptan® B, **Fish** Hydrolyzed Collagen Peptan® F, Acidity regulator (Citric Acid Anhydrous), Flavouring (strawberry), Vitamin C (Ascorbic Acid), Zinc Bisglycinate, Colouring (Beetroot), Sweetener (steviol glycosides from Stevia), Sodium Hyaluronate, Bovine Hydrolyzed Cartilage, **Eggshell** Membrane. **Allergens: Fish, eggs.** *A daily dose of 10,000 mg contains 9,392 mg of collagen. **Direction for use:** Mix daily dose of 10 g (one sachet) with 200 - 300 ml of water, stir and drink. Collagen mixes well in smoothies and other blended drinks. **Warnings:** This product is not a substitute for balanced, varied diet. Store in cool, dry place. Not for use by children, pregnant and breastfeeding women. Keep out of reach of children. The recommended daily dose should not be exceeded.

INGREDIENT LIST FOR DAILY DOSE (10 g)

Bovine Hydrolyzed Collagen Peptan® B.....	8 610 mg	Sodium Hyaluronate	30 mg
Fish Hydrolyzed Collagen Peptan® F.....	750 mg	as Hyaluronic Acid.....	29,13 mg
Vitamin C (Ascorbic Acid).....	80 mg	Bovine Hydrolyzed Cartilage	25 mg
Zinc Bisglycinate.....	50 mg	Eggshell Membrane.....	7 mg
as Zinc.....	10 mg		

Product name

Gam's Multi Collagen Strawberry

Weight	EAN/pcs	EAN/box
300 g	8585067201529	XXX
Pcs. in box	Pcs. in layer	Pcs. on pallet
XX	XX	XX



GAM'S DIETARY SUPPLEMENTS

MULTI COLLAGEN LEMON

30 daily servings

Gam's premium Multi Collagen is one of the **most concentrated collagen** supplements on the market, delivering at least 9,134 mg of bioactive collagen per dose. It combines **four sources of collagen** – Bovine Hydrolyzed Collagen Peptan® B, **Fish** Hydrolyzed Collagen Peptan® F, Bovine Hydrolyzed Cartilage, **Eggshell Membrane** – offering **five types of collagen peptides (I, II, III, V, X)**. With **19 essential amino acids** like glycine, proline, and hydroxyproline, this formula ensures **maximum effectiveness for your body**.

Ingredients: Bovine Hydrolyzed Collagen Peptan® B, **Fish** Hydrolyzed Collagen Peptan® F, Acidity regulator (Citric Acid Anhydrous), Flavouring (Lemon), Vitamin C (Ascorbic Acid), Zinc Bisglycinate, Sodium Hyaluronate, Colouring (Betacarotene), Bovine Hydrolyzed Cartilage, Sweetener (steviol glycosides from Stevia), **Eggshell Membrane**. **Allergens: Fish, eggs.** *A daily dose of 10,000 mg contains at least 9,134 mg of collagen. **Direction for use:** Mix daily dose of 10 g (one sachet) with 200 – 300 ml of water, stir and drink. Collagen mixes well in smoothies and other blended drinks. **Warnings:** This product is not a substitute for balanced, varied diet. Store in cool, dry place. Not for use by children, pregnant and breastfeeding women. Keep out of reach of children. The recommended daily dose should not be exceeded.

INGREDIENT LIST FOR DAILY DOSE (10 g)

Bovine Hydrolyzed Collagen Peptan® B.....	8 352 mg	Sodium Hyaluronate	30 mg
Fish Hydrolyzed Collagen Peptan® F.....	750 mg	as Hyaluronic Acid.....	29,13 mg
Vitamin C (Ascorbic Acid).....	80 mg	Bovine Hydrolyzed Cartilage.....	25 mg
Zinc Bisglycinate.....	50 mg	Eggshell Membrane.....	7 mg
as Zinc.....	10 mg		

Product name

Gam's Multi Collagen Lemon

Weight	EAN/pcs	EAN/box
300 g	8585067201543	XXX
Pcs. in box	Pcs. in layer	Pcs. on pallet
XX	XX	XX



GAM'S DIETARY SUPPLEMENTS MULTI COLLAGEN GREEN APPLE

30 daily servings

Gam's premium Multi Collagen is one of the **most concentrated collagen** supplements on the market, delivering 8,690 mg of bioactive collagen per dose. It combines **four sources of collagen** - Bovine Hydrolyzed Collagen Peptan® B, **Fish** Hydrolyzed Collagen Peptan® F, Bovine Hydrolyzed Cartilage, **Eggshell** Membrane - **offering five types of collagen peptides (I, II, III, V, X)**. With **19 essential amino acids** like glycine, proline, and hydroxyproline, this formula ensures **maximum effectiveness for your body**.

Ingredients: Bovine Hydrolyzed Collagen Peptan® B, **Fish** Hydrolyzed Collagen Peptan® F, Acidity regulator (Citric Acid Anhydrous), Flavouring (Apple), Sweetener (steviol glycosides from Stevia), Vitamin C (Ascorbic Acid), Zinc Bisglycinate, Colouring (carthamus concentrate, spirulina extract), Sodium Hyaluronate, Bovine Hydrolyzed Cartilage, **Eggshell** Membrane.
Allergens: Fish, eggs. *A daily dose of 10,000 mg contains 8,690 mg of collagen. **Direction for use:** Mix daily dose of 10 g (one sachet) with 200 - 300 ml of water, stir and drink. Collagen mixes well in smoothies and other blended drinks. **Warnings:** This product is not a substitute for balanced, varied diet. Store in cool, dry place. Not for use by children, pregnant and breastfeeding women. Keep out of reach of children. The recommended daily dose should not be exceeded.

INGREDIENT LIST FOR DAILY DOSE (10 g)

Bovine Hydrolyzed Collagen Peptan® B..7 908 mg	Sodium Hyaluronate	30 mg
Fish Hydrolyzed Collagen Peptan® F.....750 mg	as Hyaluronic Acid.....	29,13 mg
Vitamin C (Ascorbic Acid).....80 mg	Bovine Hydrolyzed Cartilage.....	25 mg
Zinc Bisglycinate.....50 mg	Eggshell Membrane.....	7 mg
as Zinc.....10 mg		

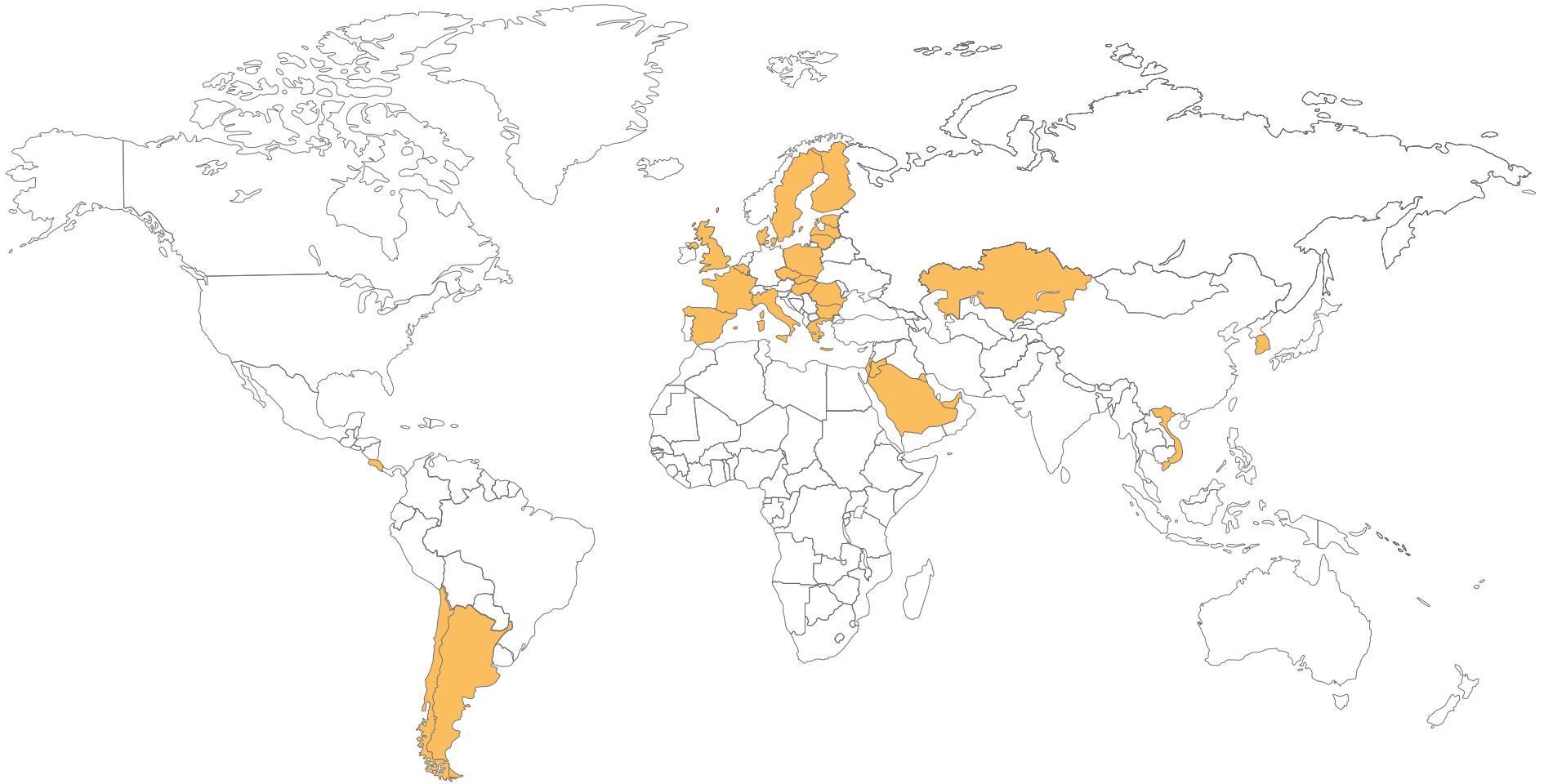
Product name

Gam's Multi Collagen Green Apple

Weight	EAN/pcs	EAN/box
300 g	8585067201536	XXX
Pcs. in box	Pcs. in layer	Pcs. on pallet
XX	XX	XX



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